



Whole School Curriculum PE



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Floor Movement Patterns	Dynamic Balance to Agility	Static Balance – One Leg Standing	Dynamic Balance to Agility	Static Balance – One Leg Standing	Floor Movement Patterns
	Side Steps Gallop	2-2 feet jump forward and backward	5s on left foot 5s on right foot	2-2 feet jump forward and backward	10s on left foot 10s on right foot	Hop on right foot Hop on left foot Skipping
	Ball Skills – Unit 1	Ball skills – Unit 2	Gymnastics- Unit 1	Dance – Unit 1	Fundamentals- Unit 1	Games – Unit 1
	Intro to PE-Unit 1	Into to PE – Unit 2	Yoga	Yoga	Fundamentals – Unit 2	Sports Day
	FMS – develop agility, balance and coordination in line with EYFS Curriculum – Physical Development.					

Having fun, learning together.

Curious, caring, creative and courageous.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<i>Floor Movement Patterns</i>	<i>Dynamic Balance to Agility</i>	<i>Static Balance – One Leg Standing</i>	<i>Dynamic Balance to Agility</i>	<i>Static Balance – One Leg Standing</i>	<i>Floor Movement Patterns</i>
	Ball Skills	Gymnastics	Dance	Invasion Games	Net and Wall Games	Striking and Fielding
	Fundamentals	Fitness	Gymnastics	Sending and receiving	Target Games	Athletics
Year 2	<i>Floor Movement Patterns</i>	<i>Dynamic Balance to Agility</i>	<i>Static Balance – One Leg Standing</i>	<i>Dynamic Balance to Agility</i>	<i>Static Balance – One Leg Standing</i>	<i>Floor Movement Patterns</i>
	Ball Skills	Gymnastics	Dance	OAA (PE Service)	Net and Wall Games	Striking and Fielding
	Fundamentals	Fitness	Gymnastics	Sending and receiving	Target Games	Athletics

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<i>Floor Movement Patterns</i>	<i>Dynamic Balance to Agility</i>	<i>Static Balance – One Leg Standing</i>	<i>Dynamic Balance to Agility</i>	<i>Static Balance – One Leg Standing</i>	<i>Floor Movement Patterns</i>
	Fundamentals	Gymnastics	Fitness	Swimming	Tag Rugby (Invasion Game)	Athletics
	Ball Skills	Dance	Basketball (Invasion Game)	Tennis (Net and Wall)	Cricket (Striking and Fielding)	OAA
Year 4	<i>Floor Movement Patterns</i>	<i>Dynamic Balance to Agility</i>	<i>Static Balance – One Leg Standing</i>	<i>Dynamic Balance to Agility</i>	<i>Static Balance – One Leg Standing</i>	<i>Floor Movement Patterns</i>
	Fundamentals	Gymnastics	Fitness	Tennis (Net and Wall)	Netball (Invasion Game)	Athletics
	Ball Skills	Dance	Hockey (Invasion Game)	OAA	Dodgeball (Target Game)	Rounders (Striking and Fielding)

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Key

Games

(Fielding/Striking Net and Wall Invasion Target)

Athletics

Dance

Gymnastics

Swimming - Will depend on dates.

Outdoor Adventurous Activities (OAA)

Fundamentals

Subject to funding, some subjects may swap for CPD by the PE Service

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